

Personal Dashboard Questions & Indicators

1. Spiritual Life

What is my devotional time like? How often am I reading my Bible? Have I been praying about the issues in my life or have I been trying to work on them by myself? What is God saying to me at this time? Could I say, "Follow me as I follow Christ."? Are there any sin issues that I need to repent of?

2. Marriage Life

Is there clear communication about kids, schedules, frustrations, money? Have I been keeping date nights? Is there daily face-to-face time & communication? Is there weekly shoulder-to-shoulder time? Is there regular bellybutton-to-bellybutton time? Have I been focused on having my needs met, or meeting my spouses needs? How could I be a better spouse?

3. Family Life

Has my phone been off in the evenings? Am I home at least four nights a week? Have I kept my Daddy Date Nights & Guys Nights? How are things with each of my kids? Are they showing signs of needing attention? Is there time-off & away scheduled? Are the kids getting along with each other?

4. Educational Life

What am I reading right now? What conferences, small groups, or training sessions are coming up? Is there an area professionally or personally that I need to learn more about? What is something you've learned in the last 30 days that you didn't know before?

5. Professional Life

How is my schedule working? Are there things I am doing that somebody else could do? Have I been a drain on anyone at work? Have I been negative, gossipy or complaining? Is there anyone in the office I need to invest more time in? Have I been staying too late? Am I producing at the level I'm capable of?

6. Ministry Life

Am I investing in things that have eternal impact? How am I making my local church better? What does the next level of leadership at my church look like? What life-giving stories have come from my ministry in the last month?

7. Financial Life

Am I tithing? Do I have a clear, written monthly budget? Does my spouse know what the budget is? Do I have an emergency fund? Have I prioritized paying off debt? Am I saving for retirement? Do I have a clear financial action plan? Do I have a plan to pay for vacations, birthdays, Christmas, back to school, etc.?

8. Social Life

Am I having fun? Am I hanging out with people who fill my tank? Have I spent time on my hobbies or doing things I enjoy? Is there anyone I've neglected to spend time with? Are my social circles fueling my faith & leading me towards where I want to go in life?

9. Attitudinal Life

Do I feel at peace? Am I easily frustrated, irritated, or angered? Do I smile often? Am I having conversations with people in my head? If so, do I need to give them to God or have a real conversation? What times of day am I most likely to be grumpy? Are there any rough edges that need sanded down?

10. Physical Life

How are my eating habits? How are my sleeping habits? How are my exercise habits? Is there anything I need to go to the doctor about? What is my body telling me right now? Have I been taking care of my appearance (grooming, clothing, hygiene)?

THIS MONTH I WILL... (Set 2-4 S.M.A.R.T goals for the next month)

Specific - State exactly what you want to accomplish.

Measurable - How will you know when you've reached your goal?

Attainable - It may be a stretch, but is it within your reach?

Relevant - Is the goal aligned with your overall mission/vision?

Timely - Set a deadline for reaching your goal.