

21

DAYS OF
Prayer & *Fasting*



JANUARY 4 - 24

2026

Daily Prayer Focus

DAY 1: Sunday, January 4th

SUNDAY SERVICES

DAY 2: Monday, January 5th

PRAYER: OUR POLITICAL LEADERS

DAY 3: Tuesday, January 6th

PRAYER: OUR CHURCH LEADERS

DAY 4: Wednesday, January 7th

PRAYER: MY CITY

DAY 5: Thursday, January 8th

PRAYER: LOCAL MINISTRIES

DAY 6: Friday, January 9th

PRAYER: NATIONAL OUTREACH

DAY 7: Saturday, January 10th

PRAYER: GLOBAL MISSIONS

DAY 8: Sunday, January 11th

SUNDAY SERVICES

DAY 9: Monday, January 12th

PRAYER: THE LOST

DAY 10: Tuesday, January 13th

PRAYER: SMALL GROUPS

DAY 11: Wednesday, January 14th

PRAYER: GROWTH TRACK

DAY 12: Thursday, January 15th

PRAYER: DREAM TEAM

DAY 13: Friday, January 16th

PRAYER: KIDS, STUDENTS & YOUNG ADULTS

DAY 14: Saturday, January 17th

PRAYER: FAMILIES & MARRIAGES

DAY 15: Sunday, January 18th

SUNDAY SERVICES

DAY 16: Monday, January 19th

PRAYER: MY CHURCH

DAY 17: Tuesday, January 20th

PRAYER: MY VISION FOR 2026

DAY 18: Wednesday, January 21st

PRAYER: PLACE OF INFLUENCE

DAY 19: Thursday, January 22nd

PRAYER: MY PERSONAL FREEDOM

DAY 20: Friday, January 23rd

PRAYER: MY NEEDS

DAY 21: Saturday, January 24th

FINAL RALLY CELEBRATION

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The following are general prayer points you can pray for each of the 21 Days.

Humble Ourselves. Asking for forgiveness for our sins and the sins of our land.

Seeking God. Declaring our dependence on God in every area of our lives.

His Kingdom Come. Praying for the completion of the Great Commission and for revival in our generation.

Hear from Heaven. Inviting the Presence of God in our church and our lives (souls saved, signs, wonders, miracles, and transformed lives.)

Next Steps. Praying for all people in their journey of faith to Know God, Find Freedom, Discover Purpose, and Make a Difference

FASTING

Fasting is saying no to feeding your body, so you can say yes to feeding your spirit. It helps us celebrate the goodness and mercy of God and prepares our hearts for all the things God desires to bring into our lives. Remember, your personal fast should present a level of challenge, but it is very important to know your body, your options, and most importantly, to follow what the Holy Spirit leads you to do.

TYPES OF FASTS

Complete Fast

In this type of fast, you drink only liquids, typically water with light juices as an option.

Selective Fast

This type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, and bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

Partial Fast

This fast is sometimes called the “Jewish Fast” and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00 am to 3:00 pm, or from sunup to sundown.

Soul Fast

This fast is a great option if you do not have much experience fasting food, have health issues that prevent you from fasting food, or if you wish to refocus certain areas of your life that are out of balance. For example, you might choose to stop using social media or watching television for the duration of the fast and then carefully bring that element back into your life in healthy doses at the conclusion of the fast.